



Association for  
Continence Professionals

# ACP 2025 ANNUAL CONFERENCE AND NETWORKING EXHIBITION

19TH AND 20TH MAY 2025

KENTS HILL PARK, MILTON KEYNES



## MONDAY 19 MAY 2025



Monday 19 & Tuesday 20  
May 2025



Kents Hill Park  
Swallow House  
Timbold Drive  
Kents Hill  
Milton Keynes  
MK7 6BZ



<https://acpcontinence.co.uk>



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### SOCIAL MEDIA

X - @acp\_continence

#ACPCConf2025

### ORGANISED BY



[www.fitwise.co.uk](http://www.fitwise.co.uk)

### 09:30 DELEGATE REGISTRATION, REFRESHMENTS, POSTER & EXHIBITION VIEWING

**10:40 Conference Welcome**  
Polly Weston and Angie Rantell, ACP Co-Chairs

**11:00 Session 1 - KEYNOTE SPEAKER**  
**All Wales approach to continence**  
Richard Desir, Nursing Officer Patient Experience, Welsh Government

**11:45 Session 2**  
**Cross Organisation Influence**  
Chairs of ACP – Angie Rantell, BAUN – Emma Chappel, POGP – Kate Lough

### 12:30 NETWORK STANDING FINGER BUFFET LUNCH & EXHIBITION & POSTER

**13:30 Session 3**  
**Business as usual...or is it? Insights from the Lancashire and South Cumbria Perinatal Pelvic Health Service**  
Aneleigh Schofield, Perinatal Pelvic Health Clinical Service Lead, Lancashire & South Cumbria ICB

**14:05 Session 4**  
**Male Pelvic Health - Progressing services**  
Samuel Swift, Male Pelvic Health Physiotherapist, Midlands Partnership University Foundation Trust

**14:30 Company symposium 1 sponsored by Coloplast**  
**Sustaining continence priorities requires evidence based innovation – what does this look like?**  
Michelle Hogan-Tricks, Neurogenic Clinical Lead, Coloplast  
And  
Rebecca Cousins, Senior Research Nurse – Urology, North Bristol NHS Trust

### 15:00 REFRESHMENTS, POSTER & EXHIBITION VIEWING

**15:30 Session 5**  
**Intimacy and sexual health for catheter users, complex cases and neurological considerations**  
Ashley Brown, Lecturer in Psychology (Education), King's College London

**15:55 Session 6**  
**Developing a neuro pathway – “Putting patients first”**  
Polly Weston & Kerry Doherty, University Hospitals of Morecambe Bay NHS Foundation Trust

**16:20 Session 7**  
**Learning disabilities and constipation**  
Roger Blake, Learning disability and Autism specialist nurse, ESNEFT

**16:45** Round up of Day 1

*Attendance at the full conference will provide up to 15½ hours of participatory continuous professional development (CPD)*



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SUSTAINING CONTINENCE PRIORITIES



17:00

*Networking Reception, Poster & Exhibition Viewing*

*Presentation of ACP Industry Innovation Award & Best Exhibition Stand*

18:00

**CLOSE OF DAY ONE**

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### TUESDAY 20 MAY 2025

MANY THANKS TO  
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#### 08:45 DELEGATE REGISTRATION, REFRESHMENTS, POSTER & EXHIBITION VIEWING

**09:20 Welcome Day 2**  
Polly Weston and Angie Rantell, ACP Co-Chairs

**09:30 Session 8 – KEYNOTE SPEAKER**  
**Current Perspectives on UTI prevention**  
Professor Chris Harding, Consultant Urologist Surgeon, Newcastle-upon-Tyne Hospitals

**10:00 Session 9**  
**D-mannose, Probiotics & Other Food Supplements for Bladder Health**  
Theresa Cutts, Nutritional Consultant, Theresa Cutts & Associates

**10:30 Company Symposium 2 sponsored by Convatec**  
**Advancing Intermittent Catheter Technology - A path to better patient outcomes**  
Sarah Stockwell, Continence Nurse Specialist, Convatec  
And  
Laura Corner, Continence Nurse Specialist, Convatec

#### 11:00 REFRESHMENTS, POSTER & EXHIBITION VIEWING

**11:30 Session 10**  
**Male LUTS in primary healthcare**  
Professor Marcus Drake, Professor of Neurological Urology, Imperial College London

**11:50 Session 11**  
**Reducing hospital acquired incontinence associated dermatitis**  
Teresa Woollerton, Continence nurse specialist, East Suffolk and North Essex NHS Foundation Trust

**Session 12**  
**Share your Knowledge – Listen to delegates share their own work**

**12:05 The Peartree project - a focused intervention to improve the continence status of the 15 care homes in Lewisham.**  
Amarachi (Amy) Olu, Clinical Nurse Specialist, Lewisham & Greenwich NHS

**What do users think about reusing intermittent catheters? A qualitative interview study of the acceptability of reusable intermittent catheters**  
Bridget Clancy, Senior Research Nurse, University Of Southampton

**12:20 Award Presentations**  
Presentation of ACP Award in Memory of Dorothy Mandelstam  
Presentation of Best of the Rest Award

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SUSTAINING CONTINENCE PRIORITIES



**12:30 NETWORK STANDING FINGER BUFFET LUNCH, POSTER & EXHIBITION VIEWING**

*Company Symposium 3 sponsored by **Attends***

**Community Pharmacy - Partners in Care?**

**13:30** Richard Dunne, Head of Healthcare Capability, Walgreens Boots Alliance  
And  
Karla Walker, Head of Commercial, Boots Brand

**14:00** **Session 13**  
Nursing Times Winner 2024

**14:15** **Session 14**  
**Unravelling the pelvic floor after childbirth**  
Ranee Thakar, President, Royal College of Obstetricians and Gynaecologists

**14:45** **Session 15**  
**Equality, Gender Reaffirmation and Pelvic Health**  
Miti Rach, Clinical Lead Pelvic Health Physiotherapist and Non-Medical  
Independent Prescriber, Chelsea & Westminster Hospital NHS Foundation Trust

**15:15** **Session 16 – *PRE-RECORDED***  
**Supporting loved ones with continence needs - The carer's perspective**  
Nigel Whitehorn, Co-Founder, CESC.ORG

**15:45** **Round up, thanks and closing comments, followed by announcement of 2026 conference**  
Polly Weston and Angie Rantell, Co-Chairs of ACP

**16:00 CONFERENCE ENDS**